

Minutes
OA Southern Maine Intergroup (SMI) Meeting
Sunday, March 1, 2015, 10:30-12:30 p.m.
335 Brighton Ave., Portland

Present (IR= Representative to Intergroup from meeting named):

- George H., Chair
- Becky D., Mon. or Thurs. Scarborough IR
- Becky H., Portland Sun. IR
- Cheryl, Brunswick Sun. IR and Region 6 representative
- Quinn B., Treasurer, Brunswick Thurs. IR and region 6 rep
- Susy K., Secretary and Portland Fri. IR
- Henry D., Brunswick Mon. IR
- Robin S., Portland Saturday IR
- Joan, retreat committee rep, and IR for Bath Tues and Lewiston Sat.

1. Opening and Introductions

- a. Serenity Prayer and reading of OA's 12 Steps, Traditions and Concepts
- b. Personal Introductions and affiliations of all in attendance

2. Reports

- a. Secretary - Minutes of January 11, 2015 meeting approved as submitted.
- b. Treasurer
 - i. Report approved as submitted with minor changes to formatting. See attached.
 - ii. Motion approved to transfer full balance of retreat committee funds from SMI treasury to retreat committee account in the care of retreat treasurer and registrar.
 - iii. There was discussion about the continuing relationship of the retreat and SMI. It was stated that the retreat has to be connected to SMI or Region 6 in order to be part of OA.
- c. Retreat - Joan reported that the committee is exploring who the retreat leader will be for the October 2015 retreat. The next meeting of the committee is Saturday,

April 11, 10 a.m. in Augusta. Contact Joan if interested in participating. Report was approved as submitted.

- d. Chair - It is time for our representatives (Cheryl and Quinn) to register for Region 6 spring assembly. See more below (3. a. ii.).

3. Old Business:

a. OA SMI budget

- i. World Service Business Conference <http://www.oa.org/world-service-events/world-service-business-conference/> - Total cost to send one person to WSBC in 2016 will be no more than \$2,000. "Qualifications for selection of World Service delegates/alternates shall be set by each intergroup, region (in the case of region delegates) or service board provided that each delegate/alternate shall have at least one year of current abstinence and at least two years of service beyond the group level. (Permission for any exception in qualifications for valid reasons, if deemed credible by the trustees, may be received by application to the World Service Office.)" excerpted from:
http://www.oa.org/pdfs/delegate_interactive_registration_form_and_instructions_15.pdf.
- ii. Region 6 Spring Assembly <http://oaregion6.org/en/r6-assembly/> - Estimated cost to send one person is no more than \$450.

b. Events Committee

- i. Spring public information event - A day-long, two-part event is envisaged. The first segment would be for public information consisting of talks by keynote speakers (what is OA?, how it work?). It may include a 10-15 minute roleplaying of a regular OA meeting. The second segment would be 12-step within project to help maintain membership, help people who are slipping or have stepped out of the program. How can we reach out to others who we haven't seen at meetings in a while?, etc. Target date: about 8 weeks from now (late April/early May).
- ii. Spring sponsorship workshop - Have done these recently in Augusta and Scarborough. Requires three solid sponsors to speak. Still need to determine venue and date. Purpose is to help participants become confident in sponsoring. Will happen some time in the spring so as not to compete with public information event above.

iii. It was suggested that folks in meetings may like to help in small ways to put on these SMI-sponsored events. We should reach out to groups to ask for their assistance.

iv. Calendaring for fall event(s)

1. Idea Day event - (International Day Experiencing Abstinence), November 21. Celebrated the third Saturday in November, this day encourages OA members worldwide to begin or reaffirm their abstinence from compulsive overeating. Public outreach day

2. Fall sponsorship workshop - akin to spring event being planned.

3. Other ideas - Clothes swap/clothes closet - Events at which OA'ers donate clean, gently used clothes to swap with each other. Cheryl and Joan will put down in words how to go about organizing such an event.

4. New Business

a. Making SMI meetings available to participate remotely (by web or conference call service)

i. Susy will look into: 1) how to publicize to group representatives, 2) a simple way for more people to participate (thru [www.freeconferencecall](http://www.freeconferencecall.com), www.join.me or other service, 3) how best to make sound clear for participants in the room and calling in remotely, and 4) if a budget may be needed for this.

ii. George will develop a method of facilitating meeting that actively involves the folks joining remotely to be engaged.

5. Closing Words - Each participant in the meeting was invited to share some brief, closing thoughts on the meeting.

6. Meeting adjourned at 12:30 p.m.