

Minutes
OA Southern Maine Intergroup (SMI) Meeting
Sunday, July 12, 2015 at 5:00pm

Present (IR= Representative to Intergroup):

- Danielle L., Portland Sat. meeting IR
- George H., Chair
- Nancy D., Portland Tues. meeting IR
- Trish V., Scarborough Mon. and Thurs. meeting IR
- Cheryl, Brunswick Sun. meeting IR and Region 6 rep
- Quinn B., Treasurer, Treasurer, Region 6 rep, and Brunswick Thurs. meeting IR
- Henry, D., Brunswick Mon. meeting IR

1. Opening and Introductions

2. Reports

2.1. Secretary - Minutes of May 3, 2015 meeting approved as submitted.

2.2. Treasurer - Balance is \$5,534.55. Prudent reserve needs to be considered. \$2,871.98 includes Region 6 travel, fees, some donations. Report accepted.

2.3. Retreat Committee - Nothing to report. We are still sponsoring. Funds turned over by Quinn.

2.4. Region 6 - In October. Mainly elections of officers.

2.5. Intergroup 101

2.5.1. Grassroots operation. Cooperation of several groups to do things as a cooperative rather than individual groups doing it.

2.5.2. What does intergroup rep from individual meetings do?

2.5.2.1. Meets regularly with intergroup

2.5.2.2.Keeps home group informed about intergroup happenings

2.5.2.3.With minutes in hand, rep should be on agenda at business meeting of home group and ask what questions group members have for intergroup

2.5.2.4.Many group problems can be handled by bringing it to intergroup

2.5.2.5.We have regional rep positions filled

2.5.2.6.Rep represents home group's group conscience to intergroup

2.5.2.7.Look next time at developing how to go back to home group. Maybe come up with ways to keep conversation going.

2.6.Events Committee

2.6.1.Discussed September 19 (Augusta) event

2.6.1.1.Henry's questionnaire

2.6.1.2.Clothing exchange approved. Cheryl has details on how to do this.

2.6.1.3.Have 2 rooms at Augusta hospital reserved: Rooms 2101 (holds 65 people lecture style) and 2103 (for clothing swap) which will possibly have coat rack in it.

2.6.1.4.Hospitality - Commitments from 4 OA members to come early (8:45) and be prepared to do greeting & registrations (and of course help in any other set-up we need).

2.6.1.5.Food - The hospital does not allow food to be served, other than by their own catering services. That cost (to have coffee provided on the second floor) is prohibitive, so folks will need to be content to get coffee, tea and other beverages from the cafeteria or their own supplies.This does not mean that we cannot bring individually owned beverages or lunches into the hospital. Folks can bring what they need or want for food, AND there is a

very nice cafeteria with salad bar and hot bar and gluten free options, etc. on the ground floor.

2.6.1.6. Program - a.m. Scarborough group. p.m. Brunswick Sunday group Trish has ordered newcomers packs and banner and has the raffle tickets and 2 books for raffle prizes, and will have the moderator script ready for Gina.

2.6.1.7. Save the date - top of mind update. Keep the momentum going. Feed the information a bit at a time. Keeps it fresh. Per Gina, Augusta: Local members have been distributing the flyer (left one with the a WalMart customer service person to put in their break room in Waterville); working with the hospital marketing department to get the flyer on their electronic newsletter. Also emailed it to some members we haven't seen in a while.

2.6.1.8. In preparation, everyone, please:

2.6.1.8.1. Attempt to reach one health care provider with flyer and see what happens.

2.6.1.8.2. Please continue to ask members for old issues of Lifeline and donations for the clothing exchange (clean and sized garments).

2.6.2. IDEA (the third Saturday in November) at Husson College, Westbrook. Flyer for it.

2.6.3. Unity Day in February.

2.6.4. August 30, 12 noon cafeteria, Augusta General Hospital, all are invited.

2.6.5. \$200 for PI event at local health fair Description: We have a request from the Scarborough group via Trish who is participating in a local health fair. The group is requesting financial support from the Intergroup to help provide literature. At this point, no specific amount has been mentioned. I would like to ask whether the Intergroup would approve supporting groups participating in health fairs, and if so, what would be the upper limit of amount the Intergroup would provide? Please respond either in favor of or opposed to this proposal by Mon-

day night, August 31, 2015 by replying to smi_oa@googlegroups.com and keeping the same subject (with the usual "Re:" that is appended in replying, of course).

3. Meeting adjourned.

Respectfully submitted,

Susy K., Secretary

Calendar

Our next meeting of Southern Maine Intergroup is Saturday, September 12 in Augusta: 11:30am-1:30pm, Maine General Medical Center, 35 Medical Center Parkway, Augusta, 04330, see <https://www.maine-general.org/Pages/Find-a-Location/MaineGeneral-Medical-Center-Augusta-Campus.aspx>

If you wish to participate in the meeting remotely, please let me know by Friday, September 11 at 5pm. Email susyk@gwi.net and indicate if you can FaceTime (iPhone and Mac users only) or Skype (free account setup at www.skype.com).

Please come early to attend the regularly scheduled Saturday morning Augusta OA meeting from 10-11am in room 2103.

OA 12 Step Inspiration Day is Saturday, September 19 from 9:30am-3:30pm, also at MGMC in Augusta (Alfond Center for Health, Maine General Medical Center, 35 Medical Center Parkway, Augusta, ME 04330, Rooms 2101 and 2103)

Morning: Beginner's meeting, speakers and Q&A

Afternoon: Speakers on sponsorship, recovery and hope

And the last Southern Maine Intergroup meeting we have scheduled for the year is Sunday, November 1, 4:30-6:30pm in Portland, First Floor Conference Room, Brighton Campus - Maine Medical Center, 335 Brighton Ave., Portland, 04102, see http://www.mainehealth.org/mmc_-body.cfm?id=1149#directions