

MINUTES

Southern Maine Intergroup Meeting

Saturday, May 14, 2016

Wishcamper Center, Room 113, Univ. of Southern Maine, Portland

The primary purpose of Southern Maine Intergroup of Overeaters Anonymous is to carry the message of recovery to those with the problem of eating compulsively, by fostering the practice of the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service; and to serve and represent member groups and/or Intergroups. Tradition 5: Each group has but one primary purpose – to carry its message to the compulsive overeater who still suffers.

Present:

- George H., 12stepgeorge@gmail.com, Chair, interim Treasurer, World Service business delegate
- Trish V., trishv301@gmail.com, Scarborough Mon. and Thurs. mtg IR, and Vice Chair
- Robin, robin.L.schulte@gmail.com, Portland Sat. meeting IR
- Cheryl, cherylofbath@yahoo.com, Brunswick Sun. meeting IR and Region 6 rep
- Quinn B., peacefulquinn@gmail.com, Brunswick Tues. and Thurs. meeting IR
- Susy K., susy@zwi.net, Portland Fri. meeting IR, Secretary

Meeting called to order at 11:35 a.m.

A. Opening and Introductions

1. Serenity Prayer and reading of OA's 12 Steps, 12 Traditions and 12 Concepts
2. Personal Introductions and affiliations of all present

B. Reports

1. Secretary - Minutes of 3/5/16 meeting unanimously approved.
2. Treasurer pro tem - George - Motion approved to accept report with "Treasurer Report" date and "Ending Balance" dates changed to May 14, 2016.
3. Retreat - No report. Will reach out to Retreat Committee to request updates and representation at future SMIG meetings.
4. Registrar - Quinn. Is seeking info about Portland Tuesday mtg rep; Lewiston meeting Saturday, and Winthrop Tuesday morning.
5. Region 6 Rep
 - a. Cheryl will ask Central Maine Intergroup if they're interested in co-presenting a "Your Recovery Journey" interactive workshop. Will plan to present in Augusta if so. If not, will do at USM in Portland.

- b. Intergroup Outreach (IGOR) Workshops Presented by OA Region 6 - October 14-15 in northern Mass. - Three SMIG officers are slated to attend. Cheryl is on IGOR committee which is meeting on May 22 and organizing the October 14-15 event.
- 6. Public Info Event - Trish. March 12 Mercy Hospital Outreach Event was well presented and marketed, but could've reached a broader audience.
- 7. Chair/WSBC Rep - George
 - a. No report as Chair.
 - b. World Service Business Conference Rep - George represented SMIG there earlier in May. 199 people attended from 20 or more countries.
 - i. Two important amendments were made to WSO —
 - (1) Door opened to use Facebook and other social media. Web Tech Committee of WS will be writing guidelines for this.
 - (2) Guidelines for virtual groups was adopted/revised to be the same as for other meetings.
 - ii. They approved a workshop leaders manual for a 12-16 week program to go thru the steps utilizing both OA and AA material.

C. Old Business

- 1. Vacant Officer Positions
 - a. Treasurer
 - b. Second Regional Rep
- 2. Website - no update
- 3. Conference Call device - Motion approved to purchase and have up and running so folks can call into July meeting.
- 4. Fall Event Calendar
 - a. The idea of chartering a bus to attend World Service Convention in Boston has been shelved. Encouraging people to attend on their own, utilizing plentiful public transport options.
 - b. Recovery Fair concept is being considered — Cheryl and Trish are spearheading.

D. New Business

1. Responsibility Pledge (RP) Motion - George proposes that we ask SMIG groups to close their meetings with the RP: "Always to extend the hand and heart of OA to all who share my compulsion: for this I am responsible." Tabled.
2. Retreat Committee - Quinn will liaison to them to ask them to present at future SMIG meetings.
3. Should we get an SMIG email address? - Tabled until next meeting.
4. Revamp how we communicate with folks about upcoming intergroup meetings, public events - Tabled.
5. Paid marketing person for public events - Susy work up job description, proposed pay for next meeting.

Adjourned 1:31 p.m.

Respectfully submitted,

Susy K., Secretary

Next Intergroup Meeting: Sunday, July 17, 10:30 a.m. – 12:30 p.m. at Midcoast Hospital, 123 Medical Center Dr., Brunswick following regularly scheduled OA meeting at 9:00 a.m.