

MINUTES

Southern Maine Intergroup Meeting

Sunday, July 17, 2016

Midcoast Hospital, Brunswick

The primary purpose of Southern Maine Intergroup of Overeaters Anonymous is to carry the message of recovery to those with the problem of eating compulsively, by fostering the practice of the Twelve Steps and Twelve Traditions of Overeaters Anonymous, guided by the Twelve Concepts of OA Service; and to serve and represent member groups and/or Intergroups. Tradition 5: Each group has but one primary purpose – to carry its message to the compulsive overeater who still suffers.

Present:

- George H., 12stepgeorge@gmail.com, Chair, interim Treasurer, World Service business delegate
- Trish V., trishv301@gmail.com, Scarborough Mon. and Thurs. mtg IR, and Vice Chair
- Robin, robin.L.schulte@gmail.com, Portland Sat. meeting IR
- Cheryl, cherylobath@yahoo.com, Brunswick Sun. meeting IR and Region 6 rep
- Quinn B., peacefulquinn@gmail.com, Brunswick Tues. and Thurs. meeting IR
- Susy K., susykgwi.net, Portland Fri. meeting IR, Secretary (by phone)
- X
- Y
- Z

Meeting called to order at 00:00 a.m.

A. Opening and Introductions

1. Serenity Prayer and reading of OA's 12 Steps, 12 Traditions and 12 Concepts
2. Personal Introductions and affiliations of all present

B. Reports

1. Secretary - Minutes of 5/14/16 meeting (unanimously approved OR amended and approved with following changes:)
2. Treasurer pro tem - George - "Treasurer's Report" date 7/17/16
3. Retreat -
4. Registrar - Quinn
5. Region 6 Rep (notes below from 5/14/16 meeting — delete)
 - a. Cheryl will ask Central Maine Intergroup if they're interested in co-presenting a "Your Recovery Journey" interactive workshop. Will plan to present in Augusta if so. If not, will do at USM in Portland.

- b. Intergroup Outreach (IGOR) Workshops Presented by OA Region 6 - October 14-15 in northern Mass. - Three SMIG officers are slated to attend. Cheryl is on IGOR committee which is meeting on May 22 and organizing the October 14-15 event.

6. Public Info Event - Trish

7. Chair/WSBC Rep - George

- a. No report as Chair.

- b. World Service Business Conference Rep

C. Old Business

1. Vacant Officer Positions

- a. Treasurer

- b. Second Regional Rep

2. Website - no update

3. (From 5/14/16 meeting) Conference Call device - Motion approved to purchase and have up and running so folks can call into July meeting.

4. Fall Event Calendar

- a. Recovery Fair concept is being considered — Cheryl and Trish are spearheading.

(5-9. were new business at May meeting, now Old Business for July meeting)

5. Responsibility Pledge (RP) Motion - George proposes that we ask SMIG groups to close their meetings with the RP: "Always to extend the hand and heart of OA to all who share my compulsion: for this I am responsible." Tabled.

6. Retreat Committee - Quinn will liaison to them to ask them to present at future SMIG meetings.

7. Should we get an SMIG email address? - Tabled until next meeting.

8. Revamp how we communicate with folks about upcoming intergroup meetings, public events - Tabled.

9. Paid marketing person for public events - Susy work up job description, proposed pay for next meeting.

Adjourned at

Respectfully submitted,