

**Central Maine Intergroup of Overeaters Anonymous Meeting List**  
**Updated August 2019**

<b>Day</b>	<b>Time</b>	<b>Town &amp; location</b>	<b>Contact &amp; phone number</b>
<b>Sunday</b>	4pm	<b>Bangor:</b> St. Joseph Hospital, 360 Broadway, 2 <sup>nd</sup> floor, Strauss Conference Room (opposite the cafeteria)	Robin (207)949-1379
<b>Monday</b>	10am	<b>Bangor:</b> Redeemer Lutheran Church, 540 Essex Street (entrance at rear of church)	Connie (207)299-6741 Hope (207)942-6822
<b>Tuesday</b>	7pm	<b>Ellsworth:</b> St. Joseph's Catholic Church, 231 Main Street (corner of High and Main Streets), Father Kinne Center	Dawn (207)266-2821
<b>Thursday</b>	12pm	<b>Bangor:</b> Redeemer Lutheran Church, 540 Essex Street (entrance at rear of church)	Hope (207)942-6822
<b>Thursday</b>	4pm	<b>Deer Isle:</b> Chase-Emerson Memorial Library, 17 Main Street (across from post office)	Diane (207)348-6448
<b>Thursday</b>	6pm	<b>Milbridge:</b> Milbridge Congregational Church, 13 Bridge St, meeting is downstairs	Bruce (207)412-9666
<b>Friday</b>	12pm	<b>Belfast:</b> First Baptist Church, 95 High Street	Sandy (207)382-6446
<b>Saturday</b>	11am	<b>Rockport:</b> Pen Bay Medical Center, 6 Glen Cove Drive. Take 1st left after the childcare center (Wellness Drive) and follow to employee parking. Lower level of the hospital, use rear entrance. Once inside look for signs to the meeting room: PARC/social work conference room.	Jan (207)592-0239

**Corrections? Contact Amanda R., 659-5746**

**Group donations may be mailed to:  
Central Maine Intergroup PO Box 1593 Bangor, ME 04402**